

Korea Exchange Reflection Paper



After ten days of my stay in Busan, I've made many new friends, had many wonderful experiences and have learn a lot about Korean culture history and Sung Do high school. Among the many things I've learned, one thing can take back to the Philippines is that a great way to learn things about yourself is to try to get out of your comfort zone. Not only was I tested in the fact that I had to stay in someone else's home, but I also had to survive in a place where most of the population isn't very good at English. It was a good thing that we had our buddies by our sides at all time to help remedy this problem. Staying out of my comfort zone taught me about my likes, dislikes and capabilities. It taught me my limits and taught me what I can do to improve and become a better person in the future.

One moment that I found very important was when my host family brought me to one of their grandparents' house. They didn't live anywhere fancy or new. They lived on a farm. This was a great contrast from the high tech city that we got to know for most of the 10 days. I believe that this moment symbolized an important aspect of Korean culture. Even though there have been so many changes to their culture, technology and economy, they always seem to go back to

their deeply grounded roots. I believe that this is one of the main reasons why Korea has emerged to be one of the top economies in the world today.

In the end, this cultural exchange has been one of the greatest experiences in my life. It's taught me things that I could never learn in a classroom about others and myself. I hope that I would remain in touch with these amazing people and I really hope that I get to see each and every one of them here in the Philippines this coming January. Finally, I just want to thank everyone who made this experience possible and may we have many more of these exchanges in the future.





(Closing Ceremony)



(Lotte Giants Stadium)



(Bulguksa Temple)